

POST-OPERATIVE CARE AFTER GROMMET INSERTION

What can I expect after their surgery?

Your child can go home a few hours after surgery. They can usually do their normal activities the next day.

What can I do to help my child feel better?

Grommets causes only minimal discomfort in the first few days after surgery. We recommend Panadol for pain relief.

What are dry ear precautions?

It is important to keep water out of your child's ear until advised. We recommend that your child wears Doc's Pro Plugs.

When should I worry?

See your GP if your child:

- Gets a fever
- Has ongoing discharge from the ear
- Has ear pain that doesn't get better or gets worse

How long do grommets stay in?

Most ear tubes fall out on their own after 2 to 18 months. This is normal. If the ear tube doesn't fall out on its own after a few years, the doctor will probably do surgery to remove it.

Ear Drops Post Operation:

3 Drops 3x per day for 7 days or until bottle is finished.